

S O F I T E L  
AUCKLAND VIADUCT HARBOUR

# Le Gôûter Menu

IN FRENCH, LA MARÉE MEANS 'THE TIDE' WHICH REPRESENTS  
THE RESTAURANT'S OCEAN SIDE LOCALE.

THIS NATURAL EBBING AND FLOWING OF THE WATERS MIRROR THE SEASONALITY  
OF THE PRODUCE USED TO CREATE OUR DISHES.

HELMED BY CULINARY DESIGNER, CHEF MARTY KINDLYSIDES,  
LA MARÉE IS A QUINTESSENTIAL SPOT TO DELIGHT YOURSELF IN  
LOCALLY-SOURCED DISHES, LOOKING OVER THE MARITIME WATERS.

Menu items subject to market availability & seasonality  
(V) Vegetarian, (VG) Vegan, (DF) Dairy Friendly, (CF) Gluten Friendly

La Marée' will take all reasonable efforts to accommodate guests' dietary requirements.  
However, we cannot guarantee that any menu item will be allergen free due to potential cross contamination in our kitchens or from our suppliers.  
If you have any dietary requirements or allergies, please inform one of our team members prior to ordering.  
Please do not be offended if our team determines we're unable to serve you safely.

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Bonjour and welcome to Sofitel's Afternoon Tea with Comvita Honey.

Comvita and Sofitel have come together to re-create La Marée's classic Le Goûter Afternoon Tea experience. Renowned pastry chef, Romain Jeunet has incorporated Comvita's world famous Mānuka Honey to reproduce a dessert menu that is worth the buzz.

The honey used in these desserts are 100% pure UMF™ 15+ New Zealand Mānuka honey.  
Taken from the wild, unpasteurised pure goodness from the heart of New Zealand  
- our honey is halal, kosher and certified gluten-free.

Enjoy the finest and delicious goodness, served with the elegance of French refinement.



# Dilmah®

Dilmah is a family tea business based in Sri Lanka where their traditional black and green teas are picked, perfected and packed fresh from the origin.

Dilmah remains an artisanal brand, focused on quality and freshness in tea through a hands-on approach to making tea in the orthodox way.

They have become a well-loved household name in New Zealand, voted by New Zealand public as the most trusted tea brand year after year in the iconic Readers Digest Trusted Brands survey. Dilmah has earned that trust, not only for the quality of their tea but for their ethical business philosophy that "Business is a matter of human service" with a minimum of 15% of pre-tax profits from the sale of Dilmah tea directed to their MJF Charitable Foundation and Dilmah Conservation.

## The Art of Tea Gastronomy

Tea can act as a flavour bridge and palate cleanser between sweet and savoury courses while infusing a contemporary twist on classic morsels.

Our Sofitel Tea Sommelier has worked with our Executive Chef on providing some exquisite pairing for our Afternoon Tea Menu so in the words of Dilmah founder...

"Do Try It"

[www.dilmah.co.nz](http://www.dilmah.co.nz)  
[www.mjffoundation.org](http://www.mjffoundation.org)

# Savoury

## SPRING FLOWER

Cream cheese tart, sundried tomato pesto and dark rye crumb

## CRAB & CAMEMBERT CHEESE QUICHE

Crème fraiche and chives

## KING PRAWN COCKTAIL

Baby cos, Marie Rose sauce and lemon

## AORAKI SMOKED SALMON LUXE TARTINE

Toasted brioche finger soldier, free-range egg salad,  
salmon caviar and cress

## ROAST CHICKEN ON DARK RYE

Iceberg, walnuts, celery and mayo

## HOTHOUSE TOMATO & BASIL SOUP

Olive crumb and extra virgin olive oil

# Sweet

## VANILLA SCONES

Served with whipped cream, Jam and *Comvita Manuka Honey*

## FRESH FROM THE OVEN COOKIES

Choose from:

Hazelnut | Peanut | Pistachio cookie

## COCONUT, ORANGE & COMVITA MANUKA HONEY

Coconut Dacquoise, grapefruit cream and fresh orange

## BERRY, VANILLA CHOUX & COMVITA MANUKA HONEY

Light Tongan vanilla cream and berry compote

## OPERA CAKE

Caramelized pecans, chocolate sponge and coffee ganache  
*Comvita Honey* have been used to replace the sugar in this dessert.

Desserts made in collaboration with



# Black Tea

## BRILLIANT BREAKFAST

Bright, bold Broken Orange Pekoe leaf tea is robust and strong.  
Like a good breakfast tea, add a drop of milk suitably.

## NUWARA ELIYA PEKOE

Nuwara Eliya, also called 'Little England' is one of the four premier tea growing regions of Ceylon. This seasonal tea is recognizable by its delicate and gentle character, golden glow and mildly green finish.  
Best enjoyed without milk.

## LAPSANG SOUCHONG

A gently smoked gourmet black tea produced in a traditional process that originates in the Qing Dynasty in China.  
The tea leaves are withered over pine or cypress wood fires producing a distinctive tarry note.  
This is a very traditional and distinctive tea with depth, body and a prominent wood smoke character.  
Best enjoyed without milk.

## PU-ERH NO.1 LEAF TEA

A special tea renowned in China for its medicinal value.  
Grown in the Yunna Province, Pu-erh tea has been popular in that region since the Tang Dynasty when Pu-erh was taken for relief of indigestion and more recently reducing cholesterol.  
This tea is post-fermented with a typically earthy taste. Its prominent woody character with hints of herb and elemental flavour.  
This is the result of the post-fermentation process unique to Pe-erh. Best enjoyed without milk.

## SINGLE ESTATE DARJEELING

Darjeeling is India's most famous tea growing region at around 6000 feet above sea level in the foothills of the Himalayas. Fine Darjeeling Tea is light and delicate with body that is more typical of oolong than black tea. Its taste is defined yet soft, with floral and distinctive muscatel notes. Deliciously sophisticated, the perfect afternoon tea.  
Can take milk but best enjoyed without.

# Flavoured & Spiced Black Tea

## THE ORIGINAL EARL GREY

This tea uses a combination of a rich and full bodied Ceylong Single Original Tea with a flavour of Bergamot, a citrus fruit that is native to Calabria in Italy. The strong and distinctive Ceylon Tea partners harmoniously with the Bergamot flavour to offer an authentic Early Grey Tea. Full bodied yet aromatic. Can take milk.

## LYCHEE WITH ROSE AND ALMOND

A bright Western High Grown Ceylon Pekoe in a wonderfully aromatic marriage of flavours.

The medium bodied Ceylon Pekoe is a deliciously complemented by the complex bouquet and fusion of Lychee, Almond and Rose in combination. The soft sweetness of Rose dominates on the first sip, giving away on the palate to Almond, eventually embraced by the fruity fragrant Lychee. Can take milk but best enjoyed on its own.

## CEYLON CINNAMON SPICE TEA

The famed island of Ceylon was sought by ancient explorers for its spices and since the late 1800s, also for its tea. This tea is a combination of Ceylon's finest produce - a Single Region Tea, grown at 4000 feet elevation in the Dimbula Valley and Ceylon Cinnamon, known as 'true cinnamon'. Takes milk.

## ROSE WITH FRENCH VANILLA

A seductive tea, combining a fine Single Region Pekoe from Nuwara Eliya with the mystical, sensuous fragrance of rose petals.

Celebrated throughout history for its alluring romanticism, the rose is one of the most sought after amongst flavours.

This gentle tea is encircled by the softly sweet floral aroma of red rose to deliver a feminine and very gentle brew.

Can take milk.

## MEDITERRANEAN MANDARIN

Light and bright, high elevation. Single Region Pekoe from Nuwara Eliya. 5,000 feet above sea level in the mountains of Ceylon enhanced with a touch of the uplifting aroma and juicy sweetness of Mediterranean Mandarin, one of the most appealing fruits of the citrus family. Best enjoyed on its own.

# White, Green & Oolong Tea

## CEYLON SILVER TIPS WHITE TEA

The characteristic silver, needle-like buds with their velvety texture, produce a pale liquor that is supremely delicate. A light tea, prized for its gentleness, it demands respect in its preparation and yields hints of pear, honey and a lightly herbal embrace. The beauty of the buds and their transformation, enhances the serenity in this unique Ceylon Tea.

To be truly savoured on its own, avoid strong flavoured foods at the same time.

## SENCHA GREEN EXTRA SPECIAL

A fresh and delicate tea, Sencha is steamed in a unique variation to the traditional Chinese (pan frying) manufacture of green tea. Famed in Japan for its mildness, Sencha offers a light infusion with a grassy aroma and gentle taste.

A smooth, herbal finish and a hint of sweetness make Sencha a pleasing and refreshing green tea that can be enjoyed throughout the day, especially as an accompaniment to salads and fish.

## GREEN TEA WITH JASMINE FLOWERS

A gentle green tea in fragrant and delicate union with natural Jasmine petals.

The soft, mildly sweet and mystical aroma of Jasmine is entralling in its combination with green tea. The natural combination offers a refreshing and soothing beverage that is also a delicious palate cleanser.

## SINGLE ESTATE OOLONG LEAF TEA

Oolong is a semi-oxidized tea, not as strong as black tea (fully oxidized) and not as delicate as green or white tea (unoxidized).

Oolong originated in the 18th Century in the Fukian Province of China.

It produces a mellow, pleasing liquor that is delicate and mild with very large leaves that gradually unfurl over multiple infusions. Enjoy on its own.



# Fruit & Herbal Infusion

CAFFEINE-FREE

## ELDERFLOWER & HOT APPLE

A naturally caffeine-free loose leaf infusion offering a delicious apple fragrance and crowd-pleasing flavours. Citrus and green apple complement elderflower and elderberries to produce a fresh, summery infusion.

## NATURAL INFUSION OF BLUEBERRY

Blueberries lend their soft, tangy flavours to this intense caffeine-free infusion. A fusion of berry, orange and sweet fruit notes offer a delicious all-natural fruit, herb and spice flavour combination.

## BLOOD ORANGE & EUCALYPTUS

An inspired loose leaf blend of sweet orange, lemon and spice in a beautiful ruby red infusion. Strong and tart, the lively fresh berry and orange notes are balanced by the bracing, pungent scent of eucalyptus.

## GENTLE CHAMOMILE

Chamomile is a gentle and relaxing herb enjoyed by many as a tonic for centuries. It has a serene character and wonderful aroma. The daily-like Chamomile flower, where the subtle flavour is concentrated has an uplifting aroma reminiscent of apples. It is often enjoyed as naturally caffeine free infusion in the evening to support a good nights sleep.

## PURE PEPPERMINT

Naturally caffeine-free and ideally enjoyed after a meal. The natural peppermint oil in the leaves imparts a menthol aroma and adds sparkle to the infusion, making for a cooling and energising beverage suitable any time of the day.

# Champagne

Veuve Clicquot NV Brut

\$24 | \$120

Veuve Clicquot La Grande Dame

\$400

## Champagne Cocktails

### PASSIONFRUIT CUVÉE | \$25

Veuve Clicquot Brut, Belvedere Citron, passionfruit and ginger

### ROSES ARE RED | \$25

Veuve Clicquot Rose, Glendalough Rose, mint, french vanilla and rose tea



SOFITEL  
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